



How do I talk about different treatment options with my doctor?

List of questions

Here are some things that you should consider and discuss with your doctor or pharmacist:

- ▼ What can I expect from a biologic treatment?
- ▼ Does the treatment work with my lifestyle? For example, will it be hard for me to get time off work to go to an infusion clinic regularly? Will I be able to give myself a needle?
- ▼ What are the side effects of this treatment?
- ▼ Does this treatment affect other medications I am taking?
- ▼ What options are available for administration such as oral, subcutaneous injection and intravenous injection?
- ▼ What do I need to think about if I am travelling? Do I need a special “travel letter”? How do I keep my biologics safe while I travel?
- ▼ Are there any special considerations if I have other health issues, or if I am pregnant or want to become pregnant?
- ▼ Are there special considerations if I am self-employed? Is there someone who can help me get reimbursed for the cost of my biologics?
- ▼ Does the biologic you have recommended have a patient support program? What services does the support program offer? Are there any other supports available to me for this treatment?

If you are considering switching from an originator biologic to its biosimilar, here are some questions you should discuss with your doctor:

- ▼ What is the reason for switching?
- ▼ Are there any implications if I continue on my current biologic?
- ▼ If my biosimilar is delivered by infusion, will I need to go to a different infusion centre from where I go now?
- ▼ If my biosimilar is delivered by injection, will the device work the same way? Will I need additional training?
- ▼ Is the patient support program different from the one I am currently on? If so, how?
- ▼ With my medical history, are there any reasons why I should or should not change to the biosimilar?
- ▼ Although my response is expected to be the same as that of the originator biologic, is there anything that I may need to monitor when switching?