



## CPSIA AGENDA

### Day 1 VIRTUAL – Monday, June 10, 2024

9:00 am – 9:10 am	Welcome and Opening Remarks
9:10 am – 11:05 am	Osteoarthritis Case Study
11:05 am – 11:20 am	BREAK
11:20 am – 12:00 pm	Unique Solutions to Everyday Arthritis Challenges
12:00 pm – 12:05 pm	Wrap Up and Closing Remarks

### Day 2 VIRTUAL – Tuesday, June 11, 2024

9:00 am – 9:05 am	Welcome and Opening Remarks
9:05 am – 10:20 am	Pathophysiology of Inflammation and Pharmacologic Management of Rheumatoid Arthritis
10:20 am – 10:35 am	BREAK
10:35 am – 12:20 pm	Rheumatoid Arthritis Case Study
12:20pm – 12:25 pm	Wrap Up and Closing Remarks

### Day 3 VIRTUAL – Friday, June 14, 2024

9:00 am – 9:05 am	Welcome and Opening Remarks
9:05 am – 10:50 am	Spondyloarthritis Case Study
10:50 am – 11:05 am	BREAK
11:05 am – 12:20 pm	Diet and Arthritis
12:20 pm – 12:25 pm	Wrap Up and Closing Remarks



## Day 1 IN-PERSON – Thursday, June 20, 2024

8:30 am – 9:00 am	Welcome, Opening Remarks, and Introductions
9:00 am – 10:15 am	Systematic Approach to Joint Assessment (SAJA)
10:15 am – 10:30 am	BREAK
10:30 am – 11:30 am	Small group rotations (30 min each) <ul style="list-style-type: none"><li>• Practice the GALS</li><li>• Footwear</li></ul>
11:35 am – 12:35 pm	Small group rotations (30 min each) <ul style="list-style-type: none"><li>• Assistive Devices and Mobility Aids</li><li>• Foot Arthritis Assessment</li></ul>
12:35 pm – 1:30 pm	LUNCH
1:30 pm – 2:30 pm	Management of Hand Arthritis
2:30 pm – 2:40 pm	Orientation to Volunteer Patient Assessment
2:40 pm – 2:55 pm	BREAK
2:55 pm – 4:25 pm	Full History, Systems Review, Functional Inquiry, GALS, and SAJA with patient volunteers
4:25 pm – 4:45 pm	Presentation of Case Summary Statement
4:45 pm	Wrap Up



## Day 2 IN-PERSON – Friday, June 21, 2024

8:30 am – 9:45 am	Spondyloarthritis Spinal Measurements and Enthesitis Scan
9:45 am – 10:15 am	Exercise Modified For Arthritis
10:15 am – 10:30 am	BREAK
10:30 am – 11:30 am	Small group rotations (30 min each) <ul style="list-style-type: none"><li>• Approach to Exercise in Rheumatoid Arthritis</li><li>• Top 10 Tips for Spondyloarthritis and Exercise</li></ul>
11:30 am – 12:30 pm	LUNCH
12:30 pm – 2:30 pm	Panel Discussion
2:30 pm – 2:40 pm	Orientation to Volunteer Patient Process
2:40 pm – 2:55 pm	BREAK
2:55 pm – 4:15 pm	Full History, Systems Review, Functional Inquiry, Spinal Assessment and Enthesitis Scan with patient volunteers
4:15 pm – 4:30 pm	Presentation of Case Summary Statement
4:30 pm – 4:45 pm	Wrap Up and Closing Remarks