



The Arthritis
Society



Giving *hope*
to people living
with
arthritis

2002/2003 Annual Report
Ontario Division

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What is hope?

For most people, hope can come in many different forms:

- Hope for today, and hope for tomorrow.
- Hope that we give, and hope that we receive.
- Hope that money can buy, and hope that is priceless.
- Hope that we wish for – for ourselves, and for others.

For people living with arthritis, hope can mean many things:

- Understanding your disease and what's happening to your body.
- Empathizing with what a loved one with arthritis is dealing with.
- Knowing where to find help, and that you're not alone.
- Discovering what steps you can take to help you cope day-to-day.
- Realizing that you have the power to improve your quality of life.
- Learning the tools to develop your own pain management plan.
- Getting access to a new treatment that helps control your pain.
- Sharing knowledge with others that will help them manage their disease.
- Knowing that researchers are working hard to find a cure for arthritis.
- Getting better, quicker access to your rheumatologist or orthopaedic surgeon.

Since The Arthritis Society was founded in 1948, we have been dedicated to providing education, support in the community and research-based solutions to people living with arthritis, giving hope for a better life – today and tomorrow.

Our mission *To search for the underlying causes and subsequent cures for arthritis, and to promote the best possible care and treatment for people with arthritis.*

Our vision *A world without arthritis!*

From crisis to hope.

In simple terms, those words define the shift that The Arthritis Society has effected over the past year in terms of how we are carrying out our mission of helping people with arthritis to live better lives – today and tomorrow.

That is not to say that the arthritis care crisis in Canada is over, or even significantly improved, but there are many reasons for hope – and therein lies our message to you.

While last year was spent assessing the impact of the crisis in arthritis care and determining what role The Arthritis Society could play in alleviating it, this year we moved beyond that. By focusing on our core competencies, where we are able to do the most for people with arthritis and their caregivers, we feel that there is renewed hope among our constituents.

Behind the scenes this year, for example, hope for us came in the form of success in influencing government policy on behalf of people with arthritis: working in tandem with the Ontario Rheumatology Association and the government to redraft eligibility criteria to receive coverage for the new class of biologics and linking with the Canadian Orthopaedic Association's Canada in Motion tour to improve access to joint replacement and decrease waiting times. Without a doubt, the provincial government is beginning to listen and respond to the needs of people with arthritis.

But what of the 1.4 million people who are living with arthritis today in Ontario? What does "hope" mean to them, to their families, their caregivers, and to the health care professionals who treat them? Where do they turn to find hope when arthritis is casting a dark shadow on their lives?

In the pages that follow, you will come to know five remarkable people: two Arthritis Society volunteers; a rheumatologist who we fund through our Research and Career Development Program; a couple who ran a half marathon to raise money for arthritis; and the executive team who lead our volunteer chapter in Guelph. They will tell you what hope means to them, and how arthritis has changed their lives.

For Mary Kim, hope means getting the right information at the right time. For Heather Hanna, hope means learning how to cope on a daily basis. For Dr. Lori Albert, hope means greater access to better care for people with arthritis. For Jason and Laurie Laronde, hope means working together for a better life. And for the Guelph volunteer chapter of The Arthritis Society, hope means enriching the quality of life for people with arthritis, today and in the future.

In these stories of pain and triumph, The Arthritis Society was able to help support each of these people in very different ways, right in their own communities. The programs and services of The Society continue to reach Ontarians where they live, even though we continue to feel the impact of a difficult economic climate. We have our volunteers, staff, and new and long-standing donors to thank for that – their dedication over the past

year has enabled us to continue to help those who depend on us for arthritis education, support and solutions – giving hope for a better life, today and tomorrow.



Heather Howe



Wendy Wong

Education



"Having the right information at the right time can help you slow down or alter the course of your disease"

Mary Kim *Education Volunteer*

For Mary Kim, hope means getting the right information at the right time.

As one of the first volunteers for The Arthritis Society's Information Line, Mary has heard it all over the past 10 years. But there are some things that always surprise her time and time again, such as "just how little most people know about arthritis when they are first diagnosed." That's why Mary keeps coming back year after year as a volunteer – because she knows just how important it is for people with arthritis to get the right information at the right time. She is committed to helping them get it.

At age 25, Mary was diagnosed with rheumatoid arthritis (RA) and has spent nearly half her life fighting this debilitating autoimmune disease that affects 1 in 100 people in Canada. She remembers that, like many of the

callers she has helped over the years, she was completely unprepared for what followed her diagnosis: dependency on crutches, becoming bedridden, and finally, eight operations to replace damaged joints.

"There was a point not long after I graduated from college that I realized my life wasn't going to go in the direction I had hoped," Mary recalls. "All my joints were affected by the arthritis – I could barely walk or even brush my teeth. It would take me hours just to get out of bed and get dressed in the morning, and then I would be exhausted."

During the first few years of living with arthritis, Mary managed through the flares and remissions to complete her studies, but hopes of a job – let alone a career – disappeared as RA insidiously took over her life. Then finally, after her body had been all but

ravaged by the disease, newer and better drugs started to help – so much so that Mary decided to devote whatever energy she had to volunteering for The Arthritis Society.

"What I quickly found through my own experience is that when you have arthritis, ignorance is definitely not bliss," she explains. "You can actually do a lot of damage if you don't understand what you or others can or should be doing to help you get better. With arthritis, you need to be part of the process of healing, and to do that you need the knowledge base."

After 18 years of living with arthritis, Mary is realistic. When she talks with callers to the Arthritis Information Line she first ensures that they have the basics and dispels any misinformation. "Having the right information at the right time can help you slow down or alter the course of your disease, but it will also prepare you for the times when you have no control," she advises.

At a young age, Mary Kim's future was changed forever by arthritis. But in carrying out The Arthritis Society's commitment to education, Mary has helped thousands of people to understand their disease, giving them hope for a better life – today and tomorrow.

Education Highlights for 2002/2003

Through the generosity of our donors, sponsors and volunteers, The Arthritis Society was able to provide hope through education to more than 35,000 people living with arthritis in Ontario in the following ways:

*Responding to over 9,000 calls and e-mails to our **Arthritis Information Line** – 1.800.321.1433 – and to info@on.arthritis.ca.*

Connecting 425,000 unique visitors to 17,000 pages of information about arthritis on our web site – www.arthritis.ca.

*Bringing an understanding of arthritis directly to 18 Ontario communities and 2,600 participants through our series of **Arthritis Public Forums**.*

*Keeping 680 people informed about new developments in arthritis care and research through our **Arthritis Education Days** held in Ottawa and Toronto.*

Raising awareness through volunteer-led initiatives; in the Toronto/central east region volunteers attended 53 displays/health fairs reaching an estimated 23,000 participants. Volunteer speakers presented at 60 engagements connecting with 1,200 people.

Support



"Being involved is my way of giving back to The Society for all it has given me."

Heather Hanna *Support Volunteer*

For Heather Hanna, hope means learning how to cope on a daily basis.

As an Arthritis Self-Management Program volunteer leader, Heather Hanna dedicates much of her energy to teaching others how to cope with arthritis. She has come a long way from a time when a combination of four different types of arthritis prevented Heather from doing simple things like walking and sleeping at night. Taking the six-week Arthritis Self-Management Program taught her how to cope with her disease on a daily basis. It gave her the tools she needed to get her life back under control. Now she helps others to do the same.

When Heather turned 40, she decided to learn to ski. Soon after, excessive falling and unbearable pain in her joints signalled that something was wrong. The explanation was a series of diagnoses –

first rheumatoid arthritis, then psoriatic arthritis, followed by osteoarthritis and later, fibromyalgia. Her life was thrown into turmoil and it wasn't until she underwent a double hip replacement six years later that she started to get the support she needed, through the Arthritis Self-Management Program.

"My rheumatologist told me about the program and it really opened my eyes – I was in a deep depression and taking part made me realize that I wasn't alone in what I was experiencing," she recalls. "Looking back, I wish that I had known about the program earlier because it would have helped me deal with the challenges of living day-to-day."

Ultimately, arthritis prevented Heather from sustaining her career in banking, but she hasn't let that stop her from making a contribution. For the past seven years, she has been an active volunteer with The Arthritis Society,

both as president of her local Bluebird Club and as a leader and trainer for the Arthritis Self-Management Program. Heather says that, "being involved is my way of giving back to The Society for all it has given me."

But she acknowledges that her motivation is twofold. "It's also about recognizing that there is a lot of value in what we can learn from each other – that's what leading the program has taught me, and I will never stop learning about different ways to cope with arthritis."

In the prime of her life, Heather Hanna's future was changed forever by arthritis. But in carrying out The Arthritis Society's commitment to support, Heather is teaching hundreds of people in her community how to manage their disease, giving them hope for a better life – today and tomorrow.

Support Highlights for 2002/2003

Through the generosity of our donors, sponsors and volunteers, The Arthritis Society was able to provide hope through community support to more than 20,000 people living with arthritis across Ontario in the following ways:

*To help patients bridge the gap caused by long wait times, we launched the **Pre/Post Joint Replacement Rehabilitation Pilot** ^{*NEW} in London. Through therapy and education before and after surgery, this program helps to ensure the best recovery possible.*

*In Hamilton, we are developing the **Early Rheumatoid Arthritis Assessment and Treatment Program** ^{*NEW} with a goal of ensuring that all new patients in the Hamilton area with rheumatoid arthritis receive timely access to diagnosis and expert care.*

*Through our **Rehabilitation and Education Program**, our staff physiotherapists, occupational therapists and social workers served over 19,000 clients in their homes, workplaces, or at The Society's 80 clinics across Ontario.*

*57 sessions of our **Arthritis Self-Management Program**, lead by specially trained volunteers, resulted in 634 graduating participants.*

***Arthritis Bluebird Clubs** and related Specific Disease Associations coordinated meetings of more than 100 support groups across the province.*

Solutions



"I am also working to enable those who don't choose rheumatology to recognize arthritis early on, and get patients on the pathway to optimal treatment"

Dr. Lori Albert *Rheumatologist
Research & Career Development Award recipient*

For Dr. Lori Albert, hope means greater access to better care for people with arthritis.

When Lori Albert was going through medical school almost two decades ago, rheumatology did not figure prominently in the curriculum. It was not even something that she would have considered specializing in until she met two of Canada's leading rheumatologists – Drs. Robert Inman and Hugh Smythe. "These doctors painted a picture of a terrific community of specialist physicians, which really appealed to me," she recalls. "They also made me see how exciting and challenging rheumatology could be."

Dr. Albert went on to train as a rheumatologist in the early 1990s, followed by several years in research. She didn't realize at the time just how important her chosen career path would be for the four million

Canadians living with arthritis. But once she started practicing, she quickly became aware of the crisis in arthritis care across the country – the number of rheumatologists were shrinking, while the need for specialized arthritis care was on the rise.

"If you looked at my waiting list alone, you'd get a pretty good idea of how serious the shortage is," she says. "It's very frustrating as a physician to know that so many people are not getting the care they need in a timely manner and are suffering as a result."

After discussing this issue with Dr. Inman, he told her about a new career development grant offered by The Arthritis Society – the Clinician Teacher Award.* She found out that the objective of the new award was to provide funding for a few rheumatologists across Canada to have the opportunity to develop as teachers, mentors and role models in

order to motivate students to choose rheumatology as a career. She applied for the grant and in July 2001, Dr. Albert became the first recipient of Clinician Teacher Award.

"This award gives me the opportunity to influence physician education on many levels and get medical students and residents excited about rheumatology, with the hope of ultimately seeing an increase in the number of rheumatologists in Canada," she says. "But I am also working to enable those who don't choose rheumatology to recognize arthritis early on, and get patients on the pathway to optimal treatment."

At a critical point in her education, Dr. Lori Albert's future was changed forever by learning about arthritis. In carrying out The Arthritis Society's commitment to finding solutions, Dr. Albert is passionate about continuing to raise the profile of arthritis and rheumatology among future physicians. In this way she hopes to help people with the disease get greater access to better care, giving them hope for a better life - today and tomorrow.

** The Clinician Teacher Award is funded in equal partnership by The Arthritis Society, Merck Frosst Canada and Pharmacia/Pfizer Canada.*

Solutions Highlights for 2002/2003

Through the generosity of our donors and volunteers, The Arthritis Society was able to provide hope through research-based solutions to the 1.4 million people living with arthritis in Ontario by funding the following:

*The Arthritis Society's Research & Career Development Program**
- \$3.6 million.*

Arthritis Centre for Excellence / Arthritis & Autoimmunity Research Centre, Toronto – \$100,000.

Arthritis Community Research and Evaluation Unit, Toronto - \$75,000.

*** See pages 10-11 for a listing of awards funded in Ontario.*

Awards

Investigator Awards

Ann Clarke, McGill University,
Year 2 of 5*

John Di Battista, McGill University,
Year 2 of 5 – \$70,000P

Paul Fortin, University of Toronto,
Year 1 of 5 – \$70,000

Joan Wither, University of Toronto,
Year 2 of 5 – \$70,000P

TOTAL INVESTIGATOR: \$280,000

New Investigator Awards

Frank Beier, University of Calgary,
Year 2 of 5 -- \$25,000

Deborah Da Costa, McGill University,
Year 1 of 5 -- \$50,000

Diane Lacaille, University of British
Columbia, Year 2 of 5 -- \$50,000P

Jason McDougall, University of
Calgary, Year 2 of 5 -- \$50,000P

Marc Pouliot, Laval University, Year 2
of 5 -- \$50,000P

Patrick Provost, Laval University, Year
1 of 5 -- \$50,000

Proton Rahman, Memorial University,
Year 2 of 5*

Elham Rahme, McGill University, Year
1 of 5 -- \$50,000

T Michael Underhill, University of
Western Ontario, Year 2 of 5*

Burton Yang, University of Toronto,
Year 2 of 5*

Rae Yeung, University of Toronto,
Year 2 of 5 -- \$50,000P

TOTAL NEW INVESTIGATOR:
\$375,000

Research Scientists

Sylvain Bourgoïn, Laval University,
Year 4 of 5 -- \$50,000

Inka Brockhausen, Queen's University,
Year 4 of 5 -- \$25,000

Walid Mourad, Laval University, Year 5
of 5 -- \$50,000

Katherine Siminovitch, University of
Toronto, Year 5 of 5*

TOTAL RESEARCH SCIENTISTS
\$125,000

Research Scholars

Juniors

Erin Boynton, University of Toronto,
Year 4 of 4 -- \$45,000

Ann Cranney, Queen's University,
Year 4 of 4 -- \$45,000

Jan Dutz, University of British
Columbia, Year 3 of 4 -- \$45,000

Philippe Tessier, Laval University, Year
4 of 4 -- \$45,000

Seniors

Michael Buschmann, University of
Montreal, Year 3 of 3 -- \$47,000

John Matyas, University of Calgary,
Year 3 of 3 -- \$47,000

Kevin White, University of Western
Ontario, Year 3 of 3 -- \$47,000

TOTAL RESEARCH SCHOLARS:
\$321,000

Research Fellows

Barbara Blumenauer, (Dr. Peter Tugwell/Dr. Ann Cranney) University of Ottawa, Year 2 of 2
 Pauline Boulos, (Dr. Jonathan Adachi) McMaster University, Year 3 of 3
 Isaline Boulven, (Dr. Paul Naccache) Laval University, Year 1 of 2
 Kimme Hyrich, (Dr. Alan Silman) University of Manchester (England), Year 2 of 2
 Norma MacIntyre, (Dr. John Bryant/Dr. David Wilson) Queen's University, Year 2 of 2
 William Newman, (Dr. Katherine Siminovitch) University of Toronto, Year 1 of 2
 Millicent Stone, (Dr. Robert Inman) University of Toronto, Year 2 of 2
 Peter (Peizhong) Wang, (Dr. Elizabeth Badley) University of Toronto, Year 3 of 3

TOTAL RESEARCH FELLOWS: \$410,079

Clinician Teachers

Lori Albert, University of Toronto, Year 2 of 5 -- \$45,000
 Laeora Berkson, McGill University, Year 1 of 5 -- \$45,000
 Dana Jerome, University of Toronto, Year 1 of 1 -- \$15,000
 Christopher Penney, University of Calgary, Year 1 of 5 -- \$45,000
 Eric Rich, University of Montreal, Year 2 of 5 -- \$45,000
 Kamran Shojanian, University of British Columbia, Year 2 of 5 -- \$45,000

TOTAL CLINICIAN TEACHER:
 \$240,000

Clinical Fellows

Gregory Choy, (Dr. Dafna Gladman) University of Toronto, 1 Year
 David Collins, (Dr. John Esdaile) University of British Columbia, 1 Year
 Paul Dancey, (Dr. Ciaran Duffy) McGill University, 1 Year**
 Nicole Johnson, (Dr. Rayfel Schneider) University of Toronto, 1 Year
 Suneil Kapur, (Dr. Gunnar Kraag) University of Ottawa, 1 Year
 Yan Liu, (Dr. Dafna Gladman) University of Toronto, 1 Year
 Stephanie Myckatyn, (Dr. John Esdaile) University of British Columbia, 1 Year
 Tuhina Neogi, (Dr. Dafna Gladman) University of Toronto, 1 Year**
 Shahin Walji, (Dr. Dafna Gladman) University of Ottawa, 1 Year
 Lucie Wilk, (Dr. John Esdaile) University of British Columbia, 1 Year
 Jill Wong, (Dr. John Esdaile) University of British Columbia, 1 Year

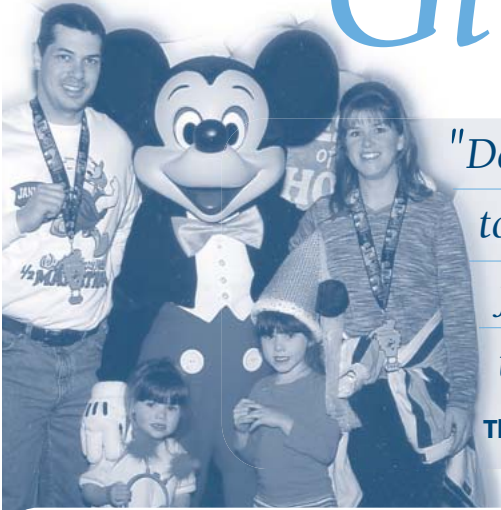
TOTAL CLINICAL FELLOWS: \$693,734

Metro A. Ogryzlo International Fellowship

Zhaleh Shariati-Sarabi, (Dr. Paul Fortin) University of Toronto, Year 1 of 1 -- \$31,000

PTAS/CIHR Health Research Partnership Fund
 *Award is "in name" only
 ** Award deferred from 2001/2002

Giving hope



"Despite the challenge, we were happy to support an organization that helps families like ours who are living with the pain of arthritis every day"

The Laronde Family *Joints In Motion participants/fundraisers*

For the Laronde family, hope means working together for a better life.

Walt Disney World is a place where many kids' dreams come true. Five-year-old Vanessa Laronde, and her little sister Shaelyn, got a chance to visit this magical place earlier this year with their parents who were running in the Disney World Half Marathon. While the girls enjoyed meeting Mickey and Cinderella, the experience didn't make Vanessa's dreams come true. She dreams about a life without pain.

Diagnosed with juvenile rheumatoid arthritis at age two, pain is a constant part of Vanessa's life – along with daily physiotherapy visits, frequent trips to the doctor, and taking a variety of medication. Everyday, her parents do whatever they can to help ease her pain, but earlier this year Jason and Laurie Laronde went that extra mile.

Actually, they went 13 extra miles to help Vanessa and the four million Canadians who are living with arthritis. They ran in the Walt Disney World Marathon in support of The Arthritis Society.

"Running in a marathon was a first for us," says Laurie. "And despite the challenge, we were happy to support an organization that helps families like ours who are living with the pain of arthritis every day." After reading about the Joints In Motion Marathon Training program on The Arthritis Society's web site, the Larondes joined the Ontario team, picked a marathon destination, and started working towards their training and fundraising goals.

Months later, the whole family travelled from North Bay to Disney World, Florida, where the couple completed the half marathon in honour of Vanessa, their "arthritis hero." Adding to their own personal accomplishments, the

family raised more than \$8,000 in support of arthritis – and donations are still coming in months later.

"Through everything Vanessa has to manage her pain and keep her joints mobile, she is always strong and cooperative – even when she's feeling her worst," says Jason. "We are very proud of her. We did this for her, and we'd like to thank everyone who supported us."

When their first child was only a toddler, the Laronde family's future was changed forever by arthritis. By raising money through the Joints In Motion program, the Larondes are supporting The Arthritis Society's commitment to provide hope through education, support and solutions to people living with arthritis, and giving hope for a better life – today and tomorrow.

*Without you, hope has
no meaning.*

*Thank you
for your generous support,
now and in the years to come.
Please help The Arthritis Society
reach our goal of \$14.6 million
dollars in 2003/2004.
Together, we will strive for a world
without the pain of arthritis.*

Fundraising Highlights for 2002/2003

This year, The Arthritis Society raised over \$14 million dollars from individuals, foundations, service clubs and corporations in a variety of ways, including:

*Participation in our signature fundraising events like the **Joints In Motion Marathon Training** program, **Strike Out Arthritis** bowling and **Score for Arthritis** street hockey, in communities across Ontario.*

Planned giving through wills, bequests, and annuities and other methods.

Gifts in memory or in celebration of loved one.

Donations from foundations and corporations.

Directed funds from employee foundations and service clubs, such as the Knights of Columbus.

Proceeds dedicated through third party events, such as golf tournaments.

Corporate sponsorship of our educational and fundraising events.

Government grants (i.e. Ministry of Health and Long-Term Care).

Giving hope



"What's really needed is the heart and a passionate belief in the cause"

Guelph Volunteer Chapter
Executive Team

For the Guelph volunteer chapter, hope means enriching the quality of life for people with arthritis, today and in the future.

Their motivation may be different but they share a common goal and the members of the new Guelph chapter of The Arthritis Society have come together to do just that. In less than a year, they raised more than \$50,000 to fund arthritis research, and have organized dozens of arthritis educational events. So, whether they joined for personal enrichment, or were driven by personal experience, they have already made a difference in the lives of people with arthritis.

"Over the past year since we introduced our new chapter structure and began rolling it out across Ontario, we have found that people join us for a variety of personal reasons," says Phyllis

Fisken, Regional Community Development Manager, with The Arthritis Society. "What's important is that if they feel they can do some good, then they want to get involved – and they welcome the chance to be part of an organized group."

Guelph was among the first to receive official chapter status from The Arthritis Society, in late Spring, 2002. The four members of the executive team were recruited from the community based on their range of leadership skills and backgrounds. Chapter chair Georgina Kostal, an account manager with the Royal Bank of Canada, brings the corporate financial perspective to the group; Ramona Cameletti, Vice Chair, Fundraising, brings experience from a career in government; Helen MacQueen is a retired teacher; and past Chair Gord Jefferson is a self-employed entrepreneur.

As Georgina Kostal explains, "the new chapter structure has succeeded in attracting new members who enhance the scope and dimension of our team. They seem to be drawn to the structure and processes in place, as well as having more coordinated responsibilities." She adds that, "what's really needed is the heart and a passionate belief in the cause – that's what drives us all to be a part of it."

As chapters continue to form all across the province, the executive team has this advice for anyone considering getting involved: "you will be touched, changed and enriched by the experience, but the gratification really comes when your community starts to embrace the mission of The Society, as well. Then you know your efforts are reaching those who need your help the most – people living with this painful and debilitating disease."

For many reasons and in different ways, the Guelph chapter members' futures have been changed forever by arthritis. By leading a volunteer chapter, these individuals have come together to support The Arthritis Society's commitment to provide hope through education, support and solutions to people living with arthritis, and giving hope for a better life – today and tomorrow.

Volunteer Development Highlights for 2002/2003

This year, The Arthritis Society was able to provide more hope to the 1.4 million people living with arthritis in Ontario by enhancing our volunteer support in the following ways:

Recruiting the leadership volunteers needed to start 8 new official chapters totalling 10 chapters to date with a goal of 30 Arthritis Society Chapters by fall 2004.

Encouraging and supporting new chapters to conduct volunteer-led community-based fundraising and educational events which have included golf tournaments, dances, residential campaigns, public forums and Arthritis Self-Management Programs.

Chapter structure enables The Society to better support, recognize and educate our existing volunteers while increasing awareness of The Arthritis Society in the community.

The Arthritis Society gratefully acknowledges the financial support for the Chapter Development project of the Ontario Trillium Foundation.

The Ontario Trillium Foundation, an agency of the Ministry of Tourism, Culture and Recreation, which receives \$100 million annually in government funding, generated through Ontario's charity casino initiative.

Donors

Legacies

Received from the estate of:

Clara Lucile Adamson
Ruth Agnes Aitken
Marvin Alexander John
Armstrong
Hazel Margaret
Bannerman
Dorothy Faye Barrass
Emma Bayley
Helen Beveridge
Rosetta Blow
Mary Alice Bodington
Calvin Woodrow Bogle
Helen Bolin
Edith Marion Boyd
Ernest Bradshaw
Janet Brooks
Florence Chapman
Dorothy Elizabeth Clark
Mabel Irene Collins
Frederick Cook
Marguerite Critchell
Irene Cross
Della Irene Culham
Walter and Mildred Danby
Fund
Peter Aitken Davis
Florence Ida Dayment
Jean Dickinson
Evelyn Caroline Diehl
Louis William Diehl
Kathleen Elizabeth
Dodman
Ruth Edleston Dodson
Marjorie Phyllis Downs
Virginia Ann Draper
Ivy Dyer

Magdalena Eggleston
Horace Bruce English
James Ralph Eydt
Eileen May Farley
Jennie Feld
Delores Finch
Mary Millar Fisher
Louise Elizabeth Foster
Jean Margaret Garrow
Margaret Winona
Goodfellow
Hilda E. Graham
Jessie Charlotte Graham
Bette Jean Gray
Muriel Weaver Greenlay
John Burrows Gush
George Hamilton
Helen Jean Hanna
Elizabeth Pearce Hendrie
Agnes Hobson/ Joseph
Irvine Hobson Trust
Alan Thomas Holden
Roy Alvin Hope
Marvin Walter Hopkinson
Harvey Andrew Hornfelt
Mary Elizabeth Howe
Rose Ella Hudie
Florence Hyndman
James Forbes Jackson
Grace Alva Jefferson
George Goddard Kay
Irene Mary Kelly
Vera Kerega
Mary Constance Kilgour
Aurore Marie King
Joseph Saul Lancaster
Claude Wilfrid Lane
Ivy Catherine Levendoski
Marilyn Littlefield

Gordon Elgin Loughran
Margaret May Mackay
Dorothy Muriel Matson
M. Helen McAlvanah
Edward James McGrath
Alice Emily Jeannette
McIntosh
Margaret Rachel McLeod
Ruth Ellen McManus
Audrey Amelia Morgan
William Titus Morgan
Helen Morris
James William Muir
Edna Pearl Murdoch
Harry Myers
Evelyn Bell Nelson
Norman James Newell
Barbara Louise Norman
Lillian Margaret O'Brien
Clara Jean O'Riordan
Milton Edmund Odell
James Harold Oliver
Elizabeth Dorothy
Ollerenshaw
Erna Mabel Pelett
Hazel Petts
Edith Mary Phillips
Madeline Phillips
Betty Julianne Pratt
Florence May Ptolemy
Herbert Russell Pullin
Verla Grace Ramsay
Helen Rapp
Marian Isabel Rayner
Dorothy Jennings Reed
Agnes Mary Isabelle
Robinson
Maureen Elizabeth
Robinson

Viola June Robinson
 William J. Robinson
 Mina Routh
 Laura Elizabeth Rudolph
 Shirley Anne Running
 John A. Sanderson &
 Family Trust
 Jean Campbell Saunders
 Charles Shedden
 Margaret Elizabeth Shuter
 Bessie Maude Simkins
 Clara Ethel Margaret
 Sipprell
 Ivy Lucy Smillie
 John Edward Soper
 Carmen Stuart Spencer
 Bennett W. Steinberg
 Eva Stoklosa
 Gerard Tattersall
 Elroy James Taylor
 William Edward Traynor
 Nicholas Joseph Tremblay
 Samuel van Hulstyn
 Liliias Lockhart Davies
 Wait
 Alice June Margaret Ward
 Audrey Agnes Webster
 Silvia Mae Weis
 Anna Maude Weston
 Nan Agnes Russell
 Whaley
 Ethel Adelaide White
 Helen Isabel White
 Laura Geneva Wicks
 Marjorie Muriel
 Wilkinson
 Donald Williams
 Elmer Norris Williams

CIRCLE OF PROMISE

Grace Addison
 Lynda Adkins
 Gary Alblas
 Norman and Rosemarie
 Anthony
 Jean Armour
 Ethel Beamish
 Helen Behan
 Daphne Bell
 April Bendell
 Jerry Bergeron
 Anna D.M. Bill
 Pearl Black
 Mr. & Mrs. Robert Black
 Ynys Blair
 Constance Blasco
 Dave J. Boisvert
 Kamala Bose
 Delphine M. Bottomly
 Halsey G. Bradford
 William J. Brebner
 Eric Breuer
 Luba Bridge
 Charlotte N. Broome
 Marion Burke
 John Burrell
 Leona Cairnie
 Irene Cameron
 Elmer S. Campbell
 Francois R. Capogreco
 Brenda Cardillo
 Rose Carducci
 Frank A. Carroll
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 Judith Clugston
 Mr. & Mrs. John M.
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A.M. Cosgrove
 Roger Cote
 Barbara Cribb
 Douglas and Barbara
 Crowe
 Jean Curtis
 James I. Davies
 Norma Davies
 Susan Davies
 E. Almeda de Guerre
 Bettie-Jane De Jersey
 Marguerite Demeule
 June A. Dewar
 Alan D. Drenfeld
 Margery Dissette
 Sandra Dow
 Donald Downey
 Louise Drake
 Pat Ducharme
 Marjorie Dufton
 L. Beth Dulmage
 F. Joanne Earhart
 E. Earle
 Cheryl Edgerton
 Carl Ehrhardt
 William H. Ferguson
 M. Fidler
 Tom W. Fox
 Leonard V. Frampton
 Mallory and Inez Franklin
 Elizabeth Fulton
 Dorothy S. Gadd
 Céline Gagnon
 Shirley A. Garnett
 J.A. Gaumont
 Eleanor George
 Kathleen Gibson
 Betty Gilbert
 Marie L. Gott
 Patricia A. Gowans

Mrs. J. Wallace Graham	Hazel Love	Wendy Ounpuu
Fred Grosse	Irene Lowes	Dianna Pallen
Mina Gucma	John A. MacDiarmid	Margot Paston
Jean Hagar	Alexander MacDonald	Helen Paton
Wesley and Helen	L. MacKenzie	Noreen Paton
Hancock	Shirley H. G. MacTavish	Heather Peacock
Cyril Harding	Donna Marinoff	Lillian Pelkon
Theresia M. Hardyal	Theresa Marsh	Gladys Phipps
Lisa Harrison	Sean and R. Joan Martell	June V. Piotto
Ann E. Harvey Hope	D. Stacey Mason	Jessie M. Porter
Robert and Peggy	Kathy Mason	Florence Powell
Hawkins	Tracey May	Hilda Puddincombe
Ross Hayden	Lorraine McBride	Harry Ann Qualman
Gaie Haydon	Georgina McCuaig	Peter Quick
Russell and Julia Haynes	Hazel McDonald	Florence Rae
William Heaton	Dorothy McKay	Alice G. Rance
Marie Hepner	John and Mary McLean	William Reid
Robert Heppolette	Sharon A. McLean	Carolyn Reinhart
Monica Herzberg	Gwen McMullen	H. B. Richardson
Margaret Hincks	John McMurrin	Alice Ross
Mary L. Hitsman	Grace McNeil	Mary J. Rowat
Ivy C. Holloway	Jahmes L. McNickle	Lorna Rowley
Adrienne Hudspeth	C. S. McWatters	Walter Rushak
Jeff and Jennifer Hurst	Isla Meredith	Albert Sage
Constantine Iliopoulos	Ellen Michelson	Henry Said
Agnes H. Jackson	Robert Mills	Louis Savlov
E. Sydney Jackson	Loraine Moffitt	Lois Scodeller
Jean Jeffries	Elizabeth A. Montroy	J. H. Scott
Edna Jones	Darby Moore	Gordon C. Shaw
Vera Jones	Robert L. Moore	Carmen Shepherd
Irene Keevil	Diane Morrison	Barbara Sherwin
Ok-Soo Kim	Nathan Morrison	Ethel Shortt
Patricia Kirkland	Dorothy Morrow	Lee Simpson
Sharon Klimosco	Peter W. Murray	Ronald J. Simpson
Earl P. Langill	Lenore Newman	Russell and Joan Skeates
Laurent L. Lapalme	Frances A. O'Connor	E. Skinner
Joan G. Lashbrook	June O'Donovan	Reta L. Snyder
Helen Leahy	Margaret H. Oliver	Jean-Guy St. Yves
Helen L. Loft	Thelma Ollson	Norma Standing
Marjorie Longmuir	Dyanne Ostrander	May Steel
Helen D. Loucks	Stephen A. Otto	Ann D. Sutton

John E. Tait
Wayne and Margaret
Talford
Joyce W. Taylor
Margaret A. Taylor
Patricia Thompson
William Timmis
A. Corinne Trerice
Grace Trimble
Beverly R. Trist-Stewart
Jenny Turner
Reginald Tweedle
W. Ubbens
Ernest and Mavis
Underwood
M. Lisa Van Camp
Marie Veinot
Cyril and Edith Wallace
David D. Walters
D. H. Waneck
Annie Ward
Mrs. Keith J. Warren
John L. Whillans
Kenneth and Lillian
White
Cecil J. Wilson
William and Mary Anne
Woloshyn
Catharine Wonnacott
G. Wright
Margaret E. Young
Norman Zaverucha
Eileen Zettl
Anonymous 20

Associations

Army Navy Air Force
Veterans Association
Unit 262
CAW Canada Local 222

Forest City Maritimers
Club
Manitouwadge Golden
Age Club
Ontario Insurance
Adjusters Association
Pensioners Concerned
Superior Seating &
Mobility Conference
Association
Workplace Safety &
Insurance Board

Service Clubs

Chevaliers de Colomb
Conseil #07999
Chevaliers de Colomb
Conseil #08360
IOOF North Kent Branch
IOOF Shedden Branch
Kiwans Club of Guelph
**Knights of Columbus
Council**
**Knights of Columbus
Ontario State Council**
Lions Club of Bramalea
and District Seniors
Lions Club of Mississauga
Cooksville
Lions Club of Mississauga
Meadowvale
Lions Club of Mount
Brydges
Lions Club of Niagara Falls
London North Rotary Club
Order of the Eastern Star
Rebekah Assembly of
Ontario
Rotary Club of Fort
William

Rotary Club of Richmond
Hill
Royal Canadian Legion
Branch #163
Royal Canadian Legion
Ladies Auxiliary Branch
#5

Foundations

Borden & Elliot
Foundation
Charles Norcliffe Baker &
Thelma Scott Baker
Foundation
CIBC World Markets
Children's Miracle
Foundation
Community Foundation
of Oakville
Community Foundation
of Ottawa-Carleton
Donors Association of
Owen Sound
Grand Imperial Conclave
of Canada
Hyland Foundation
Ignat Kaneff Charitable
Foundation
J.P.Bickell Foundation
Jeffery Foundation
Jewison Charitable
Foundation
John Brouwer Foundation
John Deere Foundation of
Canada
Lynch Foundation
Maxfield Foundation
Meighen Foundation

Ontario Credit Union
Charitable Foundation
R.Fraser Elliott
Foundation
RBC Foundation
Redpoll Foundation
Senator Norman M.
Paterson Foundation
Shields Family
Foundation
St. Joseph's Health Care
Foundation
Thousand and One Club
Charitable Trust
United Way of
Thunder Bay
United Way Of Winnipeg

Employee Funds

Air Canada Employees
Charitable Trust
3M ECCO
Bank of Montreal -
Fountain of Hope
Bowater
Dofasco Inc. Employee
Donations Fund
Employees Community
Fund of Boeing Toronto
Fisher Scientific
Hydro One Employees
and Pensioners Charity
Trust Fund
IBM Employees'
Charitable Fund
Jones Packaging Inc.
Kodak Employee Chest
Kubota Fahramet
Employees Club

London Life Employees'
SHARE Committee
Northern Wood Preservers
Employees Charity Fund
OPG Employees' &
Pensioners' Charity Trust
Royal Bank Employees'
Charity Trust
Sears Canada Inc.
Employees Charitable
Fund
St. Joseph's Health Care
Staff Association Charity
Trust Workplace Safety
& Insurance Board
Sun Life Assurance
Company of Canada
TD Securities Employees
Underwriting Hope Fund
Telus

Corporations

1401251 Ontario Ltd.
941437 Ontario Limited
Abbotsford Moving &
Storage Ltd.
AGM
AIM Funds Management
Inc.
Air Canada
All Gold Imports Inc.
Amram's Distributing Ltd.
Aquicon Construction Co
Limited
Aventis Pharma Inc.
Bank of Montreal
Bayview Summit
Development Limited
Bell Canada

Benjamin Moore & Co.
Bic Inc.
Bonfield Construction
Company Ltd.
Bowater
Burman and Fellows
Group, Inc.
Caisse Populaire
CAP Gemini Ernst &
Young Canada
Carruthers Shaw and
Partners, Limited
Casino Niagara
CEC Services Limited
Chef's Kitchen
Clarica Sunlife Financial
Cooper Standard
Automotive
Co-operators Group
Limited
Cooper-Standard
Crown Cork & Seal
Canada Limited
CTV Inc.
Darvey Holdings Limited
Davis & Henderson
Delta Hotels Limited
DUCA Financial Services
Credit Union Limited
DuPont Canada Inc.
Energizer Canada
Engineering Northwest Ltd.
Falconbridge Limited Kidd
Metallurgical Division
Forest City Funding Inc.
General Electric Canada Inc.
George Coppel Jewellers
George Weston Limited
Goldie Mohr Ltd.

Goodyear Canada Inc.	Meds Fashion Show	S & C Electric Canada
Great-West Life Assurance	Merck Frosst Canada Ltd.	Limited
Company	Metafore Corporation	Samuel-Acme Strapping
Grey Power Insurance	Minolta Business	Systems
Brokers Inc.	Equipment (Canada) Ltd.	Sanofi-Synthelabo Canada
Haggar Canada Co.	Moffet and Duncan	Inc.
Halla Climate Control	Architects Inc.	Schering Canada Inc.
Canada Inc.	Molson Companies	Scotiabank
Herold & Vernon	Donations Fund	Serif Coatings &
Hewat	Molson Panasonic	Chemicals Inc.
Hoyle Friendship Golf	Invitational Golf	St Joseph-Scollard Hallsac
Inco Limited	Tournaments	Stochem Specialty
Independent Investor	Mountainview Homes	Chemicals
Comm Corp.	Nacan Products Limited	Stolk
Investors Group Inc.	National Life Assurance	Sudbury Real Estate Board
ITML Inc.	Co. of Canada	Talisman Energy Inc.
J. J. Barnicke Limited	Neilson Dairy	TD Waterhouse
Insignia	Nekison Engineering and	Telus
Jameson International	Contractors Ltd.	Torys LLP
Foreign Exchange Corp.	Parkway Place	Trillium Home L.O.B.A
Jean's Confectionery Shop	Pentamark Worldwide	Ontario West Inc.
JMDK Holdings Ltd.	Canada	TSC Stores Limited
Johnson & Son Limited	Pfizer Canada Inc.	Universal Studios Canada
Jones Packaging Inc.	Pharmacia Canada	Ltd.
King-Reed & Associates	PPG Canada Inc.	Vac Aero International
L.V. Lomas Limited	RAND Worldwide	Vopak Canada Ltd.
LCBO Charity Golf	RBC Capital Markets	WG Osborne Inc.
Lerners, Barristers &	Donations Committee	Wheelabrator Canada Co.
Solicitors	RBC Royal Bank	White Feather Farms
Loeb Canada Inc.	RBC Royal Bank - Public	Wolverine Tube (Canada)
London and Midland	Affairs & Community	Inc.
General Insurance	Relations	Wood Company Limited
Company	Roan International	Wrigley Canada Inc.
Makrimichalos Cugini	Incorporated	Wyeth-Ayerst Canada Inc.
Architects	Robbie Sane Architect Inc.	Xerox Canada Limited
Manulife Financial	Rogers Group of	Young Power Equipment
Maritime Life Assurance	Companies	Company
Company	Rothmans Benson &	
McCarthy Tétrault, LLP	Hedges Inc.	

financials

The Arthritis Society Ontario Division



CONDENSED STATEMENT of FINANCIAL POSITION

At March 31 2003

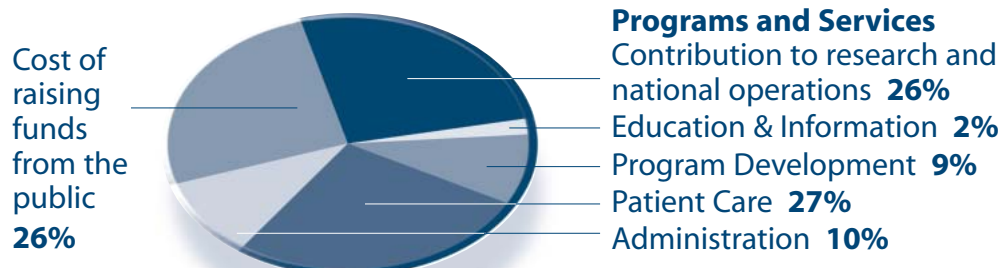
	2003	2002
ASSETS		
CURRENT ASSETS		
Cash & Investments	3,275,867	2,538,942
Accounts Receivable	140,951	288,389
Prepaid Expenses	230,048	213,069
	3,646,866	3,040,400
LONG-TERM INVESTMENTS	1,228,000	1,315,485
CAPITAL ASSETS	174,581	260,888
	5,049,447	4,616,773
LIABILITIES		
CURRENT LIABILITIES	2,692,872	2,330,924
LONG-TERM PORTION OF LEASE OBLIGATIONS	57,288	103,993
DEFERRED CONTRIBUTIONS	703,723	647,410
	3,453,883	3,082,327
RESOURCES	1,595,564	1,534,446
	5,049,447	4,616,773

CONSOLIDATED STATEMENT of FINANCIAL ACTIVITIES

For year ended March 31 2003

	2003	2002
REVENUES		
Support from public campaigns		
Campaigns	6,569,003	7,074,924
Bequests & Memorials	3,490,720	2,850,877
Other	758,682	651,577
	10,818,405	10,577,378
Other Government Grants	145,066	181,879
Government Grants for Patient Care	3,974,294	3,917,994
	14,937,765	14,677,251
EXPENDITURES		
Programs and Services		
Contribution to research and national operations	3,814,567	4,272,918
Education & Information	347,098	534,784
Program Development	1,274,351	1,264,656
Patient Care	3,974,485	3,919,900
Administration	1,551,180	1,167,008
	10,961,681	11,159,266
Cost of raising funds from the public	3,857,406	4,144,487
TOTAL	14,819,087	15,303,753
Writedown of long-term investments	57,560	0
Excess (deficiency of) revenue over expenditures for year	61,118	(626,502)

2003 Expenditures at a Glance



The Arthritis Society, Ontario Division 2002/2003
Board of Directors

Patron

Her Excellency
The Right Honourable
Adrienne Clarkson, C.C.,
C.M.M., C.D.
Governor General of
Canada

Past Chair

Robert Aylward

Chair

Heather Howe

Executive Director

Wendy Wong

Vice Chair

John P. Bujouves

Vice Chair

Robert D. Inman, M.D.,
F.R.C.P.(C)

Treasurer

John P. Bujouves

Solicitor

Christopher A. Hewat

Directors

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Judith Glynn
Shirley Haslam
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Glenn Hills
Heather Howe
Robert D. Inman, M.D.,
F.R.C.P.(C)
J. Rory MacDonald
Greg MacNeil
Janet MacPhail
Donald McGregor
John R. Pike
Wendy Rinella

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Douglas Bassett
Lt.Gen. (Retired)
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T. Richard Davies
Tony Fell
E. Sydney Jackson
Marion Leslie
Richard E. Lint
Robert E.H. Macdonald
Ian A. Macintosh
Ronald J. Simpson
Larry Youell



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